



Basic Life *Essentials*

- Long Term Freeze Dried/Dehydrated Storage Food
- Water Filters, Filter Straws, and Storage Tanks
- Grain Mills
- 72 Hour Emergency Kits
- Camping Hunting Fishing/Outdoor Sports Supplies
- MRE's and Other Instant Storable Meals
- THRIVE Food Products
- Gamma Lids & Storage Units
- First Aid Kits
- Non GMO foods, wheat free, organic, vegetarian products
- Full Catalog on site

www.basiclifeessentials.com • Sussex, NB •
506•435•4722 • info@basiclifeessentials.com

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Gamma Lids

Gamma Lids may be used to store dry foods, tools, parts, boating, camping, & fishing equipment, feeds & grains, dog food and anything else that will fit in your bucket. The Gamma Seal Lid transforms most 12" plastic pails into leakproof, airtight storage containers.



Wondermill Electric and Hand Grain Mills

The Electric Wondermill is the World's Cleanest, Quietest, Easy To Use Mill; You Can grind over 100 lbs of flour in an hour. For grains, rice and beans. Hand Grain mills also do all the food the electric model will but without using power. High Quality and performance at a moderate price.



Woodgas Stoves

Cooks cleanly with very little smoke
Burns any plant based fuel.
Easy refueling while burning for long cooking sessions.
Great for camping, backpacking,
Maple Syrup, Patio Fireplace Use



The Survival Straw is a highly efficient water purification system that destroys harmful bacteria, metals, and viruses in water. A single Survival Straw can process over 5,000 gallons



250 Days Water Storage



Water Storage

Supertanker Water Storage

Gravity fed (no need for an expensive syphon pump to dispense water)

FDA & HPB approved food grade polyethylene.

Comes complete with spigot and high quality stainless steel ball valve.

Designed to fit through any 28" doorway to become the best in-home water storage container.

Available in 250 gal. (28" wide x 36" long x 85" tall) and 125 gal. sizes (28" wide x 36" long x 45" tall)

Freeze Dried, Dehydrated, Bulk Foods; Non-GMO, Vegetarian, Gluten Free, Organic, and No MSG food selections with up to 30 years storage life and for everyday cooking use in #10 Cans (large coffee can size).
Fire starters, Meals Ready to Eat for camping etc, Emergency water packs, sprout seeds and sprouters, and so much more! Full Catalog on site for downloading.

Basic Life Essentials

Sussex, New Brunswick 506-435-4722

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THRIVE Food Storage



RETAIL PRICING - #10 DRY PACK CAN (large coffee can size 1 gallon)

ICO CODE	ITEM	PRICE PER CAN	ICO CODE	ITEM	PRICE PER CAN
	GRAINS:			FRUIT:	
2.0401	6 Grain Pancake Mix	11.56	2.0469	Mandarin Oranges (FD)	24.19
2.0402	9 Grain Cracked Cereal	7.77	2.0470	Peach Slices (FD)	27.61
2.0403	Barley-Pearled	8.97	2.0471	Pears (FD)	25.82
2.0404	Cornmeal	7.12	2.0472	Pineapple	14.40
2.0405	Egg Noodle Pasta	10.69	2.0473	Pineapple Chunks (FD)	38.68
2.0406	Elbow Macaroni	9.84	2.0474	Raspberries (FD)	38.68
2.0407	Flour-White	7.35	2.0475	Strawberries (FD)	22.85
2.0408	Flour-Whole Wheat	8.02			
2.0409	Germade	7.93		BEANS:	
2.0410	Oats-Quick	6.54	2.0491	Beans- Black	15.27
2.0411	Rice-White	11.09	2.0492	Beans-Kidney	13.14
2.0412	Rice- Instant	12.68	2.0493	Beans-Lima	15.33
2.0413	Spaghetti	14.87	2.0494	Beans-Pinto	12.41
			2.0495	Beans-Small Red	11.94
	VEGETABLES:		2.0496	Beans-Small White Navy	11.41
2.0430	Broccoli (FD)	17.48	2.0497	Lentils	12.11
2.0431	Carrot Dices	15.90			
2.0432	Cauliflower (FD)	13.60		MEATS REPLACEMENTS:	
2.0433	Celery (FD)	20.98	2.0513	Bacon (TVP)	12.12
2.0434	Corn-Sweet (FD)	18.29	2.0514	Beef (TVP)	12.73
2.0435	Mushroom Pieces (FD)	13.89	2.0515	Chicken (TVP)	11.73
2.0436	Onions-Chopped (FD)	16.52	2.0516	Ham (TVP)	14.78
2.0447	Onions-Chopped - Dehydrated	13.73	2.0517	Sausage (TVP)	13.49
2.0437	Peas-Green (FD)	21.80	2.0518	Sloppy Joe (TVP)	20.17
2.0438	Peas-Split Green	10.70	2.0519	Taco (TVP)	13.12
2.0439	Bell Peppers, Red & Green	13.32			
2.0440	Potato Chunks	12.74		BASICS:	
2.0448	Potato Dices - Freeze Dried	20.03	2.0532	Apple Drink	16.55
2.0441	Potato Pearls	16.57	2.0534	Baking Powder	24.73
2.0442	Spinach-Chopped (FD)	11.07	2.0535	Baking Soda	10.46
2.0443	Sweet Potato	19.17	2.0537	Bouillon-Beef	25.95
2.0444	Tomato Powder	33.55	2.0536	Bouillon-Chicken	28.89
2.0445	Green Beans (FD)	16.38	2.0546	Brownies, Fudge	14.54
			2.0540	Orange Drink	15.99
	FRUIT:		2.0541	Peach Drink	17.28
2.0461	Apple Chips	19.80	2.0542	Salt-Iodized	10.39
2.0462	Apples-Sliced	16.67	2.0533	Soup, Baked Potato Cheese	41.56
2.0463	Apricots (FD)	34.29	2.0538	Soup, Broccoli Cheese	43.73
2.0464	Banana Chips	10.52	2.0539	Soup, Creamy Chicken Noodle	26.51
2.0465	Banana Slices (FD)	30.60	2.0543	Sugar-Brown	10.97
2.0466	Blackberries (FD)	34.98	2.0544	Sugar-Powdered	9.63
2.0467	Blueberries (FD)	34.37	2.0545	Sugar-White	10.82
2.0468	Mangoes (FD)	26.39			

